

COURSE

Hours of Service (HOS)



Length of Course: 4 hours

of Participants: 8-20

Recommended for:

Drivers who operate a heavy commercial vehicle,
Supervisors,
Fleet managers, and
Dispatchers

Prerequisites:

None

Description:

Hours of Service (HOS) will allow participants to:

- Understand the law (Div 37 MVAR) relating to Nation Safety Code (NSC) HOS rules
- Ensure drivers do not violate the HOS rules and get mandatory rest time
- Learn to keep accurate records providing a required paper trail showing compliance

This session is recommended for Drivers and Dispatchers.

Course Components :

- Fatigue
- On-Duty Interpretation
- Carrier Responsibilities
- On Duty Time
- On/Off Duty & Driving
- Work shift Limits
- Daily Logs
- Graph Grid

The highly informative session often leads to enlightening discussion. Specific issues and scenarios from the client can be emphasized and incorporated into the presentation to customize the material.

