

PRESENTATION

It's your Life to Live



Length of Presentation: 1 hour

of Participants: n/a

Recommended for: High School students

Prerequisites: None

Description:

It's your Life to Live is a driving awareness presentation designed specifically for high school students. It shows statistical information that supports the fact that motor vehicle incidents are a major cause of injury or death from age 4 to 34. This presentation explores how and why incidents happen.

The presentation is focused on youth and contains some graphic videos and photographs that stimulate awareness to the inherent risks associated with driving, or being a passenger and a pedestrian/cyclist around motor vehicles. The focus of the message is to drive as an ART not an ACT.

Many case studies are reviewed to support the need for all drivers to assess their own driving ability and to make changes to their driving behaviour to lessen the exposure.

Topics:

Standard of Care
The incident triangle
The startled driver
Driver condition
Vehicle condition
Environment
Speed kills

Experience counts
Kinetic Energy
Braking performance
Art vs. Act
The importance of tires
Stable platform concept
Use of seat belts

