

COURSE

Your Greatest Risk – Essentials & Enhanced



Length of Modules: 1 hour

of Participants: recommended maximum 20

Recommended for: Everyone

Prerequisites: None

Description:

The Essentials & Enhanced program is designed to address driver behaviour and attitude regarding workplace safety and professionalism in the operation of vehicles and equipment. It benefits all employees, whether they drive to and from work, or for work. The program offers up to 30 driving-related topics, all developed from a behaviour-based model designed specifically for the workplace.

The one-hour topical sessions, ideally delivered during monthly safety meetings by an experienced facilitator, are highly effective because of the recurrent themes presented and the peer-to-peer discussions. The topics help raise awareness of traffic safety and problems, and offer self-improvement strategies which motivate participants through various stages of change over a sustained period of time.

This unique training model has been confirmed to positively change a culture within an organization by providing employees with the tools and education to make long-term change in their driving behaviour. As a result, organizations committed to this approach can mitigate risks associated to poor driving behaviour and attitude. The active participant becomes an active employee who becomes an active citizen.

Course Components:

There are two components: Essentials and Enhanced. Essentials has 11 core topics and is a prerequisite for Enhanced. Larger numbers of participants can inhibit the powerful interaction that occurs within smaller groups. A maximum of 20 participants allows for a better learning experience and gives the facilitator the ability to effectively facilitate discussions. The discussions will encourage an exchange of opinions and ideas.

Essentials:

Introduction	Inattention/Distraction	The Startled Driver
Animal Avoidance	Driver Impairment	Unsafe Speed
Emotions	Restraint Systems	Winter Driving
Driver Fatigue & Diet	The Professional Driver	



Enhanced:

Backing
Basic Driving Skills
Braking
Complacency
Urban Conflicts
Rollover

Foundation of Driving
Jackknife
Load Securement
Mountain Driving
Pre/Post Trip Inspections
Rural Conflicts

Space Management
Tires and Wheels
Trailerling
Distraction
Personal Protective Equipment

